

Acupuncture Injection Therapy Instruction NCCAOM Certificate Program

Friday - 09/18/2026

Dr Kris Justesen OMD, ND, dipl OM, LAC

8:30am	Registration
9:00am	Injection Information Basic supplies Injection Prep steps How to use a syringe and needle, safety How to put together a Epinephrine (Epi) kit Performing allergy test first Symptoms of allergy reactions Demo Practice Method of injection Prep area of skin Clean field
10:00am	Injecting Hands on Practice – Acupoint injections
11:00am	Ethics regarding injection therapy Important considerations Best ethical practices Safety and risk management concerns
11:30am	Reasons to inject - First protocol Demo – Upper Back - perineural injections Review of Anatomy
Noon	Lunch and Learn Video on Anaphylaxis signs and how to use epinephrine The signs and pharmacology
1:00pm	State laws and rules FDA position on the term “Natural” Understanding medical legal from EMT point of view Videos from EMT training for anaphylaxis)
1:30pm	Adverse Events and Management Speaking to clients about risks, use of Epi and Oxygen therapy Consent to call 911 or take to nearest ER Purchase Epi kits – show how to use Videos on symptoms of red flags When to and how to use Epi and Oxygen

When to call 911

- 2:30pm Reasons to inject – second protocol
 Demo – Low back
 Review of Anatomy
 Practice – Upper back – perineural injections
 Practice – Lower back - perineural injections
- 5:30pm End – Get to know each other dinner (on own, optional)

Saturday 09/19/26:

- 9:00am Informed consent for patients
 ICD codes
 Record keeping
 Oxygen/Epi permission for emergency treatment if needed forms
 Go home instructions
 Including signs of having a adverse reaction and when to go to the ER (videos)
 Practice Protocols examples
- 10:00am Injectable substances
 Description of each, risk and type of possible reactions of each
 Injectable blends
 Homeopathic information
 Ozone sterilization techniques
 Having supplies and how to use in emergencies
- 11:30am Reasons to inject – Third Protocol
 Demo – Trigger point therapy
 Practice
 Review of anatomy and pneumothorax risk
 Signs of pneumothorax – 911 call
- Noon Discuss current research evidence based medicine
 Including NIH Pub Med Articles
- 1:00pm Protocols
 Demo and practice
- 6:00pm End Dinner on your own

Sunday 9/20/2026

9:00am Pharmacology Review
 PK/PD
 Possible interactions
 When NOT to use Injection therapy
 Anaphylaxis pathophysiology
 Video on EMT training for events in the practice

10:00am Demo – more advanced injection techniques
 Practice protocols learned
 Auricular injections, acupoint injections, perineural injections,
 trigger point injections

Q&A during practice

3:30pm End – thank you

Index:

Suppliers
Video lists

